

PYTC Parent & Athlete Club Handbook

2024

Heath & Laurie Owens -Peregrines Youth Track Club Head Coaches
Jean Drummond Petersen- Peregrines Youth Track Club Director
www.ccathletics.net/peregrinesytc

Welcome to the Peregrines Track Club

We're thrilled to have you join our vibrant community, presented by the Central Coast Athletics Foundation and Toyota SLO. Our team of coaches, each boasting impressive achievements in their own athletic journeys, brings a wealth of expertise and a genuine passion for cultivating the joy of running, jumping, and throwing.

At Peregrines Youth Track Club, we are more than just a team – we're a family. Composed of dedicated volunteers serving as coaches, we are parents committed to making this program thrive. As this effort relies entirely on voluntary contributions, your assistance, support, and cooperation are absolutely essential for the success of this program.

Founded in 2022, Peregrines Track Club operates within the USATF organization and is a proud member of the USATF Pacific, which supports a club system throughout the association. This affiliation ensures that our club adheres to the highest standards of athletic development and competition.

Together, let's embark on this exciting journey of growth, camaraderie, and achievement. We can't wait to see what incredible experiences await us as we work together to help our young athletes reach their full potential.

Mission & Vision

The Peregrines Track and Field Club is designed to introduce kids to sprint, distance running and field events by providing an experience that is fun, competitive, and informative about the sport. We strive to achieve excellence by developing top-notch training programs, with an emphasis on the fundamentals and competition.

We are proud to operate under the Central Coast Athletics Foundation, a nonprofit organization recognized as tax-exempt under Section 501(c)(3). Founded in 2022, CCAF is dedicated to advocating for athletics for our young people, knowing first hand the positive, lifelong impact of this sport. Funded by our amazing sponsor Toyota of San Luis Obispo, CCAF focuses on athletics event creation and management while operating competitive youth track teams. The Peregrines Track and Field Club, operated by CCAF, is designed to introduce kids to sprinting, distance running, and field events by providing a fun, competitive, and informative experience about the sport. We strive to achieve excellence by developing top-notch training programs with an emphasis on the fundamentals and competition.

PYTC Goals

- 1. **Foster a Love for Track and Field:** Our primary goal is to ignite a passion for track and field in our young athletes by providing a fun, competitive, and informative experience. We aim to cultivate a love for sprinting, distance running, and field events, instilling a lifelong appreciation for the sport.
- 2. **Promote Excellence and Development:** Our second goal is to promote excellence in athletic performance and personal development. We strive to achieve this by implementing top-notch training programs that emphasize fundamental skills and competition readiness. Through the dedication of our committed volunteer coaches, we aim to nurture the growth and progression of our athletes, helping them reach their full potential on and off the track.

Athlete Registration Requirements

Eligibility:

Open to youth in grades 3rd through 8th.

Complete and Submit Club Forms:

All athletes must complete and submit club registration forms and medical waivers. These forms are essential for ensuring the safety and well-being of our athletes during practices and competitions.

USATF Membership:

Register each athlete with the Central Coast Peregrines Track Club on USA Track & Field (USATF). An annual membership fee of \$30 is required per athlete. Central Coast Peregrines Track team #38-9087.

USATF membership provides access to sanctioned track and field events and ensures that our athletes are covered by insurance during club activities.

USATF membership: https://www.usatf.org/membership

USATF Youth program: https://www.usatf.org/programs/youth

Pacific Association USATF: https://www.pausatf.org

Club Membership Fee:

There is a club fee of \$125 per athlete for the season. This payment covers entry fees for all track and field meets aligned with the season schedule. Scholarships are available.

By completing these registration requirements, athletes become official members of the Central Coast Peregrines Track Club and gain access to high-quality coaching, training facilities, and opportunities for competitive track and field experiences.

Refund Policy:

If for any reason your child wishes to withdraw from the Peregrines Youth Track Club, you must contact the club Director or head coach listed at the front of this packet and inform them of your request to withdraw from the team, the following refund schedule will apply.

- Withdraw prior to March 9, 2024: 100% Refund
- Withdraw March 10, 2024 to March 16, 2024: 50% Refund

- Withdraw March 17, 2024 or later: No Refund Issued
- Merchandise sales are final, No Refunds.

Coaching Team

Our coaching team is made up of several world-class former athletes that are dedicated to building mental and physical strength. Our all volunteer effort speaks to their allegiance and persistence of character. We emphasize a low coach-to-athlete ratio, ensuring personalized attention and effective guidance for each participant.

All coaches within our program are registered with USA Track & Field (USATF) and have successfully completed the USATF 3-Step Safe Sport Program. As part of our commitment to the safety and well-being of our athletes, each coach undergoes Safesport Training and is subjected to a NSCI background check.

USATF's SafeSport Program is comprehensive, encompassing elements of governance, advocacy, education and communication, and compliance and monitoring to ensure a safe environment for all participants.

We encourage athletes and parents to familiarize themselves with the Safesport protocols and resources provided by USATF. You can find more information on the Safesport page: <u>USATF SafeSport.</u>

Your safety and well-being are our top priorities, and we are committed to upholding the highest standards of care and protection within our program.

Meet the Coaches:

Laurie Owens – Head Coach

Heath Owens - Head Coach

Jean Drummond Petersen – Head Coach and Club Director

Dave Shrock - Club Administrator / USATF Liaison

Kara Thorne – Youth Coach (Distance / Hurdles)

Michelle Cavaletto - Youth Coach (Distance / Sprints)

Lisa Shrock - Youth Coach (Sprints / Hurdles)

Joe Thorne – Youth Coach (Distance)

Paul Terek – Field Events Coach (Throws / Jumps/ Sprints)

Jessie Murray - Field Events Coach (Jumps)

Billie-Jo Grant - Field Event Coach (Throws)

Alex Ghanotakis - Field Event Coach (Throws)

Brian Goodell - Field Events Coach (Throws / Jumps/Distance/Sprints)

Contact Us!

All communications from this point forward will be via email or through the Band app. We will not call you, as we average over 100 athletes on our roster. The only form of communication to all athletes and their families is via our email or the Band app.

Visit our website for 2024 season details www.ccathletics.net/peregrinesytc Like and follow us on our social channels. Instagram @ccathleticsfoundation and Facebook

Band App:

Our age group coaches use the BAND app to send out notices during track meets. Please go to the google store or the Apple App store and get the BAND app. Stay connected with the coaches and team - Join our 'Peregrines Track Club' group on BAND - The app for groups and communities. Band app link provided to parents in the welcome email.

Social Media Guidelines for Parents & Athletes

At Peregrines Youth Track Club, we value positive communication and responsible use of social media platforms. To ensure a safe and supportive online community for our parents and athletes, we have established the following guidelines:

- 1. **Respect and Sportsmanship:** Show respect for all athletes, coaches, parents, and competitors, both on and off social media. Avoid engaging in negative or disrespectful behavior, including bullying, harassment, or derogatory comments.
- 2. **Confidentiality:** Protect the privacy and confidentiality of all club members. Refrain from sharing personal or sensitive information about athletes, coaches, or other individuals associated with the club without their explicit consent.
- 3. **Accuracy and Integrity:** Be mindful of the information you share on social media. Ensure that any content related to the club is accurate, truthful, and reflects the values and mission of Peregrines Youth Track Club.
- 4. **Positive Representation:** Represent the club in a positive light on social media. Share posts and images that highlight the achievements, successes, and positive experiences of our athletes and coaches.
- 5. **Permission for Posting:** Obtain permission before posting photos, videos, or other content featuring club members, especially minors. Respect the preferences and privacy of individuals who may not want their images shared publicly.
- 6. **Supportive Communication:** Use social media as a platform to provide encouragement, support, and constructive feedback to fellow athletes and parents. Celebrate successes and milestones while offering words of encouragement during challenging times.
- 7. **Avoiding Controversial Topics:** Refrain from discussing controversial or divisive topics, including politics, religion, or sensitive social issues, on club-affiliated social media channels. Focus on topics related to athletics, training, and club events.
- 8. **Compliance with Club Policies:** Adhere to all club policies and guidelines, including those related to behavior, competition, and code of conduct. Violations of club policies on social media may result in disciplinary action.
- 9. **Reporting Concerns:** If you encounter inappropriate or concerning content on social media related to the club, report it to club leadership or designated authorities promptly. Together, we can maintain a safe and supportive online environment for all club members.

By following these social media guidelines, we can uphold the values of sportsmanship, respect, and integrity within the Peregrines Youth Track Club community. Thank you for your cooperation and commitment to promoting a positive online culture.

Note: These guidelines are subject to review and update as needed to ensure alignment with club values and evolving social media trends.

Practice and Meets Guidelines:

Practice Location and Time:

Season practice begins on February 26th and runs through June 1st, with optional practice during spring break week on April 1st or April 5th.

- Weekly practice sessions are held on Monday & Wednesday from 5:00 pm 6:30 pm.
- Practice location: Arroyo Grande High School Track (495 Valley Road, Arroyo Grande).
- Athletes will need to be signed in and out each practice by the parent or guardian that is included in the registration paperwork. Athlete sign in will be at the track entrance coaches table. For pick up add if more than 10 minutes late you will be charged \$10 and \$10 for every minute after.

What to Wear or Bring to Practice:

- Athletes should wear proper running attire, such as running shorts or sweats. Jeans are not permitted.
- Depending on colder weather, sweat tops and bottoms are required. Please label all clothing, as items often get left behind.
- Each athlete must bring a large bottle (20 ounces) of water to all practices and meets. When the weather heats up, more water is needed.
- Shoes: Running shoes are the most important piece of equipment required for all track athletes. Cross training, basketball, or mid/high tops are not acceptable and may cause injury. Athletes arriving in non-running shoes will be asked to "sit-out" practice.
- Spikes: Spikes are optional for 5th grade and above. Their use will be limited to competition and specific portions of practice only. Spikes are not allowed for warm-up, cool down, or drills.

What to Wear or Bring to Meets:

Each athlete will need to wear the PYTC club tank (singlet) with black running shorts for all club track and field meets. We will have the tank for purchase (\$20) and will send a request

via email for athlete sizing. If you have a uniform that does not fit, we will buy it back; \$10 top. Additional gear will be available for purchase; warm up gear and travel bag.

The competition uniform is the only one allowed for use during the meets. If tights are worn, then running shorts MUST be worn over them. Only running shorts are allowed, no shorts from other sports such as basketball or soccer.

Shoes: Running shoes are the most important piece of equipment required for all track athletes. Cross training, basketball, or mid/high tops are not acceptable and may cause injury.

Spikes: Spikes are optional for 5th grade and above.

Meet Schedule and Procedures:

Peregrines Youth Track Club will participate in various track meets throughout the 2024 season. The meet schedule is as follows:

- April 28st: Kiwanis Track Meet at Lompoc High School
- May 4th: Santa Barbara 805 Championships at San Marcos High School
- May 11th: Kiwanis Greater Pismo Beach Elementary School Championships at Nipomo High School
- June 11th, 18th, 25th, and July 2nd: AG All Comers Track Series at Arroyo Grande High School (optional open track meet for all ages)
- Optional postseason meets for athletes with qualifying times/marks -TBD

Each athlete is allowed to compete in a maximum of three events, plus one relay event, four events total.

Meet participation will be confirmed at least one week prior to each meet. Parents will complete a meet registration form for each child, and meet events will be selected with coaches' input.

Meet fees are included in the annual club registration fee. If an athlete registers for a meet but does not attend, it is the parent's responsibility to reimburse PYTC for the registration fee.

Meet Day Procedures:

- Parents are responsible for your athletes during all meets. Please ensure your athlete arrives at their event on time and should familiarize themselves with the meet schedule and event calls.
- Athletes should report to their Age Group Coach at least 30 minutes before their scheduled event for warm-up.

• Nametags/Bib will be given to each athlete by their Age Group Coach. These tags are to be worn for all events. Athletes checking in without tags will not be allowed to compete.

Athletes should listen carefully for the announcer's call of all races. There will be three calls for each event. Athletes will be responsible for checking in for each event.

It is NOT the responsibility of the Age Group Coach to find athletes for their events. Please pay attention to the calls. YOU, as parents, will need to help keep track of the order of events for your children, particularly with the younger age groups

<u>FIELD EVENTS:</u> Athletes should check in at the appropriate field event upon hearing "first call" of that event.

<u>RUNNING EVENTS</u>: Athletes should be wearing their tags and be warmed up upon hearing "first call".

Athletes then report to the appropriate location of their running event upon hearing "second call".

By following these guidelines and procedures, we can ensure a successful and enjoyable experience for all athletes and parents involved in the Peregrines Youth Track Club.

Nutrition On Meet Day:

As we gear up for another exciting track meet, I want to remind you of the importance of proper nutrition for our young athletes. Just like a car needs fuel to run smoothly, our children's bodies need the right fuel to perform their best on the track.

Please ensure that your child eats a light breakfast before heading to the meet. Opt for foods such as granola, oats, or low-sugar cereal served with fruit, with bananas being an excellent choice. A light breakfast will provide the energy they need to fuel their races without weighing them down.

It's essential to avoid greasy, fatty foods on the morning of the meets, as they can take longer to digest and may leave your child feeling sluggish during their races.

Remember to pack plenty of water for hydration throughout the day. Additionally, bring along light sandwiches, healthy snacks like power bars or granola bars, and fruit for your child to munch on between events. If your child eats lightly, they should be able to eat within 30 minutes of a race, providing them with a quick energy boost when needed.

I understand that the snack stands may be tempting, but I urge you to encourage your child to make healthy choices. Save sugary treats like sodas, hot dogs, nachos, and candy as a reward for after a day of good competition. By prioritizing nutritious foods, you'll be helping your child perform at their best and promoting their overall well-being.

Track Etiquette:

As members of the Peregrines Youth Track Club, it is important that we uphold the highest standards of sportsmanship and respect both on and off the track. Here are some guidelines for track etiquette to ensure a positive and enjoyable experience for everyone:

Positive Attitude:

As parents, you are the best role models for your children. Please refrain from yelling or criticizing your children or other athletes. Always maintain a positive attitude and provide encouragement and support to all participants.

Track Meet Etiquette:

- When the field is not open to the public, do not enter unless requested to be there.
- When crossing the track, be aware of races in progress. Treat the track as if it were a busy roadway.
- NEVER cross over the approach area or runway of any field events.
- NEVER cross through the shot put area.
- NEVER engage in taunting, baiting, or overt acts of celebration during competition, including throwing a baton.
- DO NOT pace (run alongside) any runner during a race, as this will result in the disqualification of that runner.
- Keep all non-club members (siblings, friends, relatives) under supervision at all times.
- Sportsmanlike Behavior: We expect our athletes (and parents) to behave in a sportsmanlike manner at all times. Remember, you are a reflection of our club, so please act accordingly and represent the Peregrines Youth Track Club with pride and respect.

By following these etiquette guidelines, we can create a positive and respectful environment for all participants and ensure that everyone can enjoy the sport of track and field to the fullest.

Peregrine "PRIDE"

- P Perseverance: Having Peregrine Pride means demonstrating perseverance in the face of challenges, never giving up, and striving to achieve one's goals.
- R Respect: Peregrine Pride encompasses showing respect for oneself, teammates, coaches, opponents, and the sport itself, both on and off the track.
- I Integrity: Having Peregrine Pride means maintaining honesty, fairness, and moral principles in all actions and decisions.
- D Dedication: Peregrine Pride involves showing unwavering dedication to training, improvement, and the team's success, consistently giving one's best effort.
- E Excellence: Peregrine Pride is about pursuing excellence in every aspect of athletics and life, striving to reach one's highest potential and setting a standard of excellence for oneself and others.

Athletes that demonstrate Peregrine Pride will be awarded a special recognition, given out each week to the athlete who best embodies the core values and spirit of the Peregrines Youth Track Club. This award is not just about athletic performance, but rather about character, attitude, and dedication to the team.

The recipient of the Peregrine Pride Award is someone who consistently demonstrates qualities such as hard work, positivity, team spirit, and pride in themselves and their team. They are an inspiration to others through their actions both on and off the track.

In addition to recognizing their efforts, the athlete selected for the Peregrine Pride Award will have the honor of taking home the Peregrine trophy for the week. This trophy symbolizes the spirit and camaraderie of our team. The athlete will return the trophy to the coach at the end of the week so that it can be passed on to the next deserving recipient.

By awarding the Peregrine Pride Award, we aim to celebrate and encourage the values that are at the heart of our track club. It serves as a reminder to all athletes of the importance of hard work, positivity, and team unity in achieving success both on and off the track.

Team Parents & Athletes Code of Conduct

As members of the Peregrines Youth Club Track Team, athletes, parents, coaches, and volunteers are expected to uphold the highest standards of conduct both on and off the track. Our team values inclusivity, respect, kindness, and encouragement towards all individuals involved in our program. The following guidelines outline our expectations for behavior and interactions within our team community:

For Athletes:

- 1. **Respect for All:** Treat teammates, coaches, opponents, officials, and spectators with respect and kindness at all times, regardless of differences in ability, background, or opinion.
- 2. **Sportsmanship:** Display good sportsmanship by showing humility in victory and grace in defeat. Celebrate successes and support teammates and opponents alike.
- 3. **Fair Play:** Compete with integrity, honesty, and adherence to the rules of the sport. Refrain from engaging in unsportsmanlike conduct, cheating, or unfair tactics.
- 4. **Communication:** Communicate openly and respectfully with coaches, teammates, and officials. Seek guidance and clarification when needed and express concerns or disagreements in a constructive manner.
- 5. **Teamwork:** Work collaboratively with teammates to achieve common goals. Support and encourage each other to strive for personal improvement and team success.
- 6. **Responsibility:** Take ownership of your actions and decisions both on and off the track. Arrive on time for practices and competitions, come prepared, and follow team guidelines and instructions.

For Parents:

- 1. **Supportive Environment**: Create a supportive and positive environment for all athletes, coaches, and volunteers. Encourage and uplift your child and their teammates, regardless of performance outcomes.
- 2. **Respectful Behavior:** Respect the authority and decisions of coaches, officials, and team administrators. Refrain from engaging in negative or confrontational behavior towards others, including athletes, coaches, and opponents.
- 3. **Communication:** Maintain open and respectful communication with coaches and team administrators. Address any concerns or disagreements through appropriate channels and in a timely manner.

- 4. **Role Model:** Lead by example by demonstrating good sportsmanship, respect, and kindness towards others. Encourage your child to uphold the values of the team and to treat others with dignity and respect.
- 5. **Support Boundaries:** Avoid placing undue pressure or expectations on your child or other athletes. Allow them to pursue their interests and goals in a supportive and nurturing environment.

For Coaches and Volunteers:

- 1. **Positive Reinforcement:** Provide constructive feedback and encouragement to athletes to help them develop their skills and confidence. Recognize and celebrate individual and team achievements.
- 2. **Fair Treatment:** Treat all athletes with fairness, equality, and respect, regardless of ability, background, or personal characteristics. Create an inclusive and welcoming environment for all participants.
- 3. **Respectful:** Handle conflicts and disagreements with professionalism, respect, and kindness. Listen to the perspectives of all parties involved and seek to find mutually acceptable resolutions.
- 4. **Professionalism:** Uphold professional standards of conduct at all times. Serve as positive role models for athletes by demonstrating integrity, honesty, and dedication to the sport.
- 5. **Safety and Well-being:** Prioritize the safety, health, and well-being of athletes at all times. "See something say something" its all our responsibility to report anything that is suspicious. Follow established protocols and procedures to ensure a safe and supportive training environment.

By adhering to these guidelines, we can create a positive and inclusive team culture where all individuals feel valued, respected, and supported in their pursuit of athletic excellence.

Acknowledgment:

I have read and understand the Peregrines Youth Club Track Team Code of Conduct and agree to abide by its principles and guidelines.

Participant's Name (Athlete/Parent/Coach/Volunteer):				
Signature:	Date:			

Safety Protocol and Reporting Incidents

At Peregrines Youth Club Track Team, the safety and well-being of our athletes are our top priorities. We believe in a proactive approach to safety, and it is the responsibility of every member of our community to report any incidents or concerns. Our motto is "see something, say something," and we encourage open communication to maintain a safe and supportive environment for everyone.

Reporting Protocol:

<u>Incident Reporting Procedure:</u>

If you witness or experience any incident, injury, or unsafe behavior during track team activities, promptly report it to any coach or team official. This includes any suspicion of abuse, harassment, or misconduct.

Procedure: When an incident is reported, coaches or team officials will take immediate action to address the situation. This may include providing assistance to the affected individual, documenting the incident, and implementing corrective measures to prevent recurrence.

Confidentiality: All reports will be treated with the utmost confidentiality, and information will only be shared with individuals directly involved in addressing the incident.

Problem Resolution: If there is a problem or suspicion of a problem, it will be thoroughly investigated by the coaching staff and/or club officials. Depending on the severity of the issue, appropriate actions will be taken, which may include additional training, counseling, or temporary or permanent removal from the program.

Non-Compliance with Code of Conduct: If someone is found to be in violation of our code of conduct, disciplinary action will be taken. This may include warnings, probation, temporary suspension, or permanent removal from the program, depending on the severity of the violation.

Incident Reporting Form:

To facilitate the reporting process, an incident report form will be available and completed by a Peregrines Coach or Volunteer Coach. This form will be used to document details of the incident and provide a written account for follow-up investigation.

Primary Contact: If you have any concerns or need to report an incident, please feel free to contact our primary safety officer, Jean Drummond Petersen or Heath Owens at weareCCAF@yahoo.com. Your concerns will be addressed promptly and with the utmost confidentiality.

Peregrines Youth Club Track Team Liability Waiver

I, [Parent/Guardian Name] on behalf of myself and my child,
[Athlete's Name] ,hereby acknowledge and agree to
the following terms and conditions in consideration for the participation of my child in
activities organized and conducted by the Peregrines Youth Club Track Team:

- 1. Acknowledgement of Risks: I understand that participating in track and field activities involves inherent risks, including but not limited to, the risk of injury, illness, and property damage. I acknowledge that these risks cannot be completely eliminated.
- 2. Assumption of Risk: I voluntarily assume all risks associated with my child's participation in track and field activities with the Peregrines Youth Club Track Team. I understand that it is my responsibility to ensure that my child is physically and mentally capable of participating in these activities.
- 3. Release of Liability: In consideration of my child being permitted to participate in activities organized and conducted by the Peregrines Youth Club Track Team, I hereby release, waive, discharge, and covenant not to sue the Central Coast Athletics Foundation (CCAF), its directors, officers, volunteers, and representatives from any and all liability, claims, demands, actions, and causes of action arising out of or related to any loss, damage, injury, or death that may be sustained by my child or any property belonging to my child, whether caused by the negligence of CCAF or otherwise.
- 4. Indemnification: I agree to indemnify and hold harmless the Central Coast Athletics Foundation (CCAF), its directors, officers, volunteers, and representatives from any and all liability, claims, demands, actions, and causes of action, including attorney's fees and costs, arising out of or related to my child's participation in activities organized and conducted by the Peregrines Youth Club Track Team.
- 5. Medical Treatment: In the event of any injury or illness to my child that requires medical treatment, I authorize the Central Coast Athletics Foundation (CCAF) and its representatives to obtain medical treatment for my child as deemed necessary. I understand that I am responsible for any medical expenses incurred as a result of such treatment.
- 6. Photography and Publicity: I consent to the use of photographs, videos, or other media taken during Peregrines Youth Club Track Team activities for promotional purposes by the Central Coast Athletics Foundation (CCAF) and its affiliates.

I have read this waiver and fully understand its contents. I voluntarily agree to its terms and conditions and acknowledge that my signature below constitutes a binding legal agreement.

Parent/Guardian Signature:	Date:	
Athlete's Signature (if 18 years or older):	Date:	
Athlete's Signature (if under 18 years old):	Date:	



Consent to Treat Form

Parent/Guardian Signature: __

I, [Parent/Guardian Name] , hereby authorize the coaches and representatives of the Peregrines Youth Track Club Team to obtain medical treatment for my child, [Athlete's Name], in the event of any injury, illness, or medical emergency that may occur during track team activities.

I understand that every effort will be made to contact me or the emergency contact listed below before any medical treatment is administered. However, in the event that I cannot be reached in a timely manner, I authorize the coaches and representatives of the Peregrines Youth Track Club Team to act on my behalf and consent to any medical treatment deemed necessary for the health and well-being of my child.

I understand that I am responsible for any medical expenses incurred as a result of such treatment, and I agree to indemnify and hold harmless the Peregrines Youth Track Club Team, its coaches, representatives, and volunteers from any liability arising out of the administration of medical treatment to my child.

Emergency Contact Information:
Name:
Relationship to Athlete:
Phone Number:
Medical Insurance Information:
Insurance Company:
Policy Number:
Hospital Preference:
I certify that I have read and understood the above information, and I voluntarily consent to the administration of medical treatment to my child as described.

Date:	
Athlete's Name: _	
Date of Birth:	



Media and Photo Release Permission Form

I, [Parent/Guardian Name] , hereby grant permission to the Peregrines Youth Club Track team to use my likeness, image, voice, and/or name in any and all forms of media, including but not limited to photographs, videos, audio recordings, and written materials, for promotional, advertising, educational, and/or informational purposes related to the activities of the Peregrines Youth Club Track team.
I understand that my likeness, image, voice, and/or name may be used in various media channels, including but not limited to the organization's website, social media platforms, printed materials, press releases, and presentations.
I acknowledge that I will not receive any financial compensation for the use of my likeness, image, voice, and/or name, and that this release shall be perpetual and may be used by the Peregrines Youth Club Track team indefinitely.
I also understand that I have the right to revoke this permission at any time by providing written notice to the Peregrines Youth Club Track team, and that any revocation will only apply to future use of my likeness, image, voice, and/or name.
Furthermore, I release the Peregrines Youth Club Track team, its officers, directors, employees, volunteers, and agents from any and all claims, liabilities, damages, or demands arising from or related to the use of my likeness, image, voice, and/or name as described herein.
Participant's Name: [Participant's Name]
Participant's Signature:
Date:
Parent/Guardian Name (if participant is a minor): [Parent/Guardian Name]

Parent/Guardian Signature (if participant is a minor):

Date:
Witness (Peregrines Youth Club Track team Representative
Name: [Representative's Name]
Signature:
Date:



Acknowledgment of Peregrines Club Guidebook Policies

I, [Parent/Guardian Name & Athlete Name],

hereby acknowledge that I have received and reviewed the Peregrines Club Guidebook containing the club's policies, rules, and guidelines. I understand that it is my responsibility to familiarize myself with these policies and adhere to them while participating in club activities and events.

By signing below, I acknowledge that I have read, understood, and agree to comply with the policies outlined in the Peregrines Club Guidebook. I understand that failure to adhere to these policies may result in disciplinary action, up to and including termination of club membership.

Athletes Name:	
Date:	
Parent/Guardian Name (if participant is a Date: [Date]	minor): [Parent/Guardian Name]
Signature:	

Thank you for your attention to these policies. If you have any questions or require clarification on any aspect of the guidebook, please do not hesitate to reach out to club leadership.