

Elementary Championships Schedule of Events

Running Event Order 5:30pm - Start Time

4 x 100m relay	grades 3 - 6
1600m	5 - 6th only (waterfall start)
50m Mini Hurdles	grades 1 - 2
400m	grades 3 - 6
100m	grades 1 - 6
800m	grades 3 - 6 (waterfall start)
200m	grades 1 - 6
4 x 400m relay	grades 3 - 6
***Girls races run before Boys Races	Low numbers in distance races = combine boys and girls race in that event

Relays: If a relay is combined, kids will need to compete with the age of the oldest runner in the relay. Mix gender race with the boys.

****Please check schedule for time of event***

Field Events 5:00pm - Start time

High Jump (South end of the Track)	GIRLS: 5/6: 5:00-5:45pm or until complete-*2'10" start height BOYS: 5/6: 5:45-6:30 or until complete- 3'0" start height *2" increments until last 6 participants		
Shot Put MAIN RING (Outside-South end)	5th/6th grade: Open Pit for both boys and girls 5:00 - 6:30pm		
Turbo Jav 1st, 2nd, 3rd, 4th grades only	Grass Area on infield of track (unless field is closed) - Open 5:00 - 6:30pm		
Long Jump (East side of the track): 5:00 - 6:30pm	PIT #1: South 3/4 Grades	Pit PIT#2: Middle Pit 5/6 Grades	PIT#3: North Pit 1/2 Grades

* After you jump/throw, get back in line for next jump

* If you need to go to a running event, leave your field event, and come back during the allotted time.
