

## Schedule of Events

<b>Running Event Order</b>	<b>10:00 am - Start Time</b>
<b>1600m</b>	5 - 6th only (waterfall start)
<b>4 x 100m relay</b>	grades 3 - 6
<b>50m Mini Hurdles</b>	grades 1 - 2
<b>400m</b>	grades 3 - 6
<b>100m</b>	grades 1 - 6
<b>800m</b>	grades 3 - 6 (waterfall start)
<b>200m</b>	grades 1 - 6
<b>4 x 400m relay</b>	grades 3 - 6
***Girls races run before Boys Races	Low numbers in distance races = combine boys and girls race in that event
<b>Relays:</b> If a relay is combined, kids will need to compete with the age of the oldest runner in the relay. Mix gender race with the boys.	
<b>Field Events</b> <b>9:00 am Start time</b>	<b>*Please check schedule for time of event</b>
<b>High Jump</b>	<b>GIRLS:</b> 5/6: 9:00 -10:30 or until complete-*2'10" start height <b>BOYS:</b> 5/6: 10:30- 11:45 or until complete- 3'0" start height *2" increments until last 6 participants
<b>Shot Put</b> <b>MAIN RING (DIRT Area by Large Shed)</b>	5th/6th grade: Boys: 9:00 - 10:00 am Girls: 10:15-11:15 am
<b>Turbo Jav</b> <b>1st, 2nd, 3rd, 4th grades only</b>	<b>Grass Area</b> - Middle of track (2 throwing areas for girls/boys) <b>Girls:</b> 9:00-11:00 <b>Boys:</b> 9:00-11:00
<b>Long Jump</b> <b>North end of the track</b> <b>2 pits</b>	<b>GIRLS PIT:</b> <b>BOYS PIT:</b> 1/2: 9:00 - 10:15                      1/2: 9:00 -10:15 3/4 10:15 - 11:30                      3/4: 10:15 -11:30 5/6: 11:30 - 12:30                      5/6 11:30 - 12:30
* After you jump/throw, get back in line for next jump * If you need to go to a running event, leave your field event, and come back during the allotted time.	