

# AG All Comers Track Meet

## Running Events Order

\*\*Start time is at 5:30\*\*

3200m	7th and above
100m/110m H	7th and above
40 yd mini hurdles	2nd and under
4x100 relay	3rd and above
Football 40	All Ages
800m	3rd and above
100m	All Ages
400m	3rd and above
1600m	5th and above
200m	All ages

**\*\*\* No Stickers/times for 2nd grade  
and under\*\*\***

# **FIELD EVENTS**

\* All athletes are responsible for completing all jumps and throws before the closing of the field event. If you DO NOT get in the max # of jumps or throws, we will use your best score on record.

(All events will open at 5:00pm)

## **Long Jump: All Ages**

All athletes must check-in.

There will be a boys pit and a girls pit.

Each athlete will get 3 jumps, no finals.

The pit will close at 6:30pm. (The time may be extended if needed).

## **High Jump: 3rd grade and above**

All athletes must check-in. \*Each athlete will get 3 jumps.

Bar will start at 3'0" and progress up from there. Boys and girls will be jumping at the same time.

## **Shot Put: 3rd grade and above**

\*All girls begin at 5:00pm - \*each athlete will get 3 throws

\*All boys begin at 6:00 p.m. No finals.

## **Discus: 7th/8th, HS, College, Masters only**

\*All boys begin at 5:00pm \* Each athlete will get 3 throws.

\*All girls begin at 6:00pm No finals.

## **Turbo Jav: 2nd grade and under only**

Each athlete will get 3 throws...done all in a row.