

Schedule of Events

Running Event Order	10:00 am - Start Time
1600m	5 - 6th only (waterfall start)
4 x 100m relay	grades 3 - 6
50m Mini Hurdles	grades 1 - 2
400m	grades 3 - 6
100m	grades 1 - 6
800m	grades 3 - 6 (waterfall start)
200m	grades 1 - 6
4 x 400m relay	grades 3 - 6
***Girls races run before Boys Races	Low numbers in races = combine boys and girls race in that event
Relays: If a relay is combined, kids will need to compete with the age of the oldest runner in the relay. Mix gender race with the boys.	
Field Events 9:00 am Start time	*Please check schedule for time of event
High Jump	GIRLS: 5/6: 9:00 -10:30 or until complete-*2'10" start height BOYS: 5/6: 10:30- 11:45 or until complete- 3'0" start height *2" increments until last 6 participants
Shot Put	<u>MAIN RING (DIRT Area by Large Shed)</u> 5th/6th grade: Boys: 9:00 - 10:00 am Girls: 10:15-11:15 am
Turbo Jav	<u>Grass Area</u> - Middle of track (2 throwing areas for girls/boys) 1st, 2nd 3rd, 4th grades only Girls: 9:00-11:00 Boys: 9:00-11:00
Long Jump	<u>GIRLS PIT:</u> <u>BOYS PIT:</u> 1/2: 9:00 - 10:15 1/2: 9:00 -10:15 3/4 10:15 - 11:30 3/4: 10:15 -11:30 5/6: 11:30 - 12:30 5/6 11:30 - 12:30
* After you jump/throw, get back in line for next jump * If you need to go to a running event, leave your field event, and come back during the allotted time.	

